

WEEK 1 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Chicken Curry & Rice Roast Beef Dinner Chicken Baguette Spaghetti Bolognaise	Firecracker Chicken & Rice Baked Gammon Dinner Savoury Mince O/B Sausage	Chicken Curry & Rice Peppered Chicken Dinner H/M Chicken Goujon Stuffed Sausage & Bacon	Chicken Korma & Rice Irish Stew Crustless Quiche Cottage Pie	Chicken Curry & Rice Grilled Salmon Roast Chicken Dinner Chicken Pasta Dish
Vegetarian	Vegetable Bolognaise	Firecracker Veg & Rice	Roast Vegetables in Peppered Sauce	Vegetable Quiche	Vegetable Pasta Bake
Snacks	Pizza Beef Burger Chicken Panini Bolognaise Pasta Pot	Pizza Hot-Dog Assorted Panini Smoky BBQ Fajita	Pizza Chicken Fillet Burger Sub Roll	Pizza Beef Burger Spicy Wrap	Hot Dog Chicken Goujon Sub Roll O/B Sausage
Veg Potato Gravy	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Peas Carrots	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Cauliflower Cabbage	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Peas Sweetcorn	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Mixed Vegetables Broccoli	Chips Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Carrots Parsnips
Soups	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Desserts	Selection of Fruit Assorted Yoghurts Fruit Crumble Flakemeal Biscuit Custard	Selection of Fruit Assorted Yoghurts Chocolate Muffins Shortbread Biscuit Custard	Selection of Fruit Assorted Yoghurts Choc Cracknel Jam & Coconut sponge Custard	Selection of Fruit Assorted Yoghurts Fruit Sponge Fruit cookies Custard	Selection of Fruit Assorted Yoghurts Queen Cake Ginger Biscuit Custard



**WEDNESDAY AND FRIDAY ARE RED MEAT
FREE DAYS**

**Bread, Fresh Fruit,
Yoghurt, Milk and Drinks
are available to buy daily.**

*If you require any additional
information on allergens or
special diets please contact
the school in the first instance.*