

WEEK 3 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Mains	Chicken Korma & Rice Pork Chops Savoury Mince Dinner Lasagne	Chicken Curry & Rice Peppered Chicken Dinner H/M Chicken Goujon Grilled Salmon	Firecracker Chicken & Rice Roast Chicken Dinner Spaghetti Bolognaise Irish Stew	Chicken Tikka & Rice O/B Fish Baked Gammon Dinner Chicken Pasta Dish O/B Sausage	Chicken Curry & Rice Stuffed Bacon Roll Dinner H/M Chicken Goujon Braised Steak
Vegetarian	Veg Korma & Rice	Veg Pizza	Veg Bolognaise & Pasta	Veg Pasta Bake	Veg Curry & Rice
Snacks	Pizza Beef Burger Spicy Wrap	Pizza Chicken Fillet Burger Sub Roll	Pizza Beef Burger Chicken Panini Bolognaise Pasta Pot	Hot-Dog Assorted Panini Pizza	Pizza Sub Roll Chicken Baguette Mexican Chicken Fajita
Veg Potato Gravy	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Mixed Vegetables Broccoli	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Carrots Sweetcorn	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Peas Cauliflower	Chips Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Parsnips Cabbage	Baked Potato Dry Oven Roast Potato Potato Mashed Potato Baked Beans Peas Carrots
Desserts	Selection of Fruit Assorted Yoghurts Swiss Roll Flakemeal Biscuit Custard	Selection of Fruit Assorted Yoghurts Vanilla Cookie Apple Surprise Custard	Selection of Fruit Assorted Yoghurts Chocolate Sponge Ginger Biscuit Custard	Selection of Fruit Assorted Yoghurts Meringue Nest Fruit Muffin Custard	Selection of Fruit Assorted Yoghurts Viennese Biscuit Queen Cake Custard



TUESDAY AND THURSDAY ARE RED
MEAT FREE DAYS

Bread, Fresh Fruit,
Yoghurt, Milk and Drinks
are available to buy daily.

If you require any additional
information on allergens or
special diets please contact
the school in the first instance.