

# WEEK 3 MENU

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Soup</b>	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
<b>Mains</b>	Chicken Curry & WG Rice Peppered Chicken Dinner Chicken Pie (Pot Top) Salmon Bites	Firecracker Chicken & WG Rice Roast Chicken Dinner Meatballs in Tomato Sauce	Chicken Curry & WG Rice Savoury Mince Dinner Lasagne	Beef Curry & WG Rice Baked Gammon Dinner	Chicken Korma & WG Rice Savoury Mince Dinner Lasagne O/B Fish
<b>Vegetarian</b>	Veg Pizza	Veg Bolognese & Pasta	Veg Curry & Rice	Veg Pasta Bake	Veg Korma & Rice
<b>Snacks</b>	Chicken Goujon Pizza Chicken Sub Roll	Pizza Beef Burger & Bap Chicken Panini	Pizza Pulled Pork Burger Spicy Wrap	Hot-Dog Assorted Panini Pizza O/B Sausage	BBQ Chicken Slider Pizza Spicy Wrap
<b>Veg Potato Gravy</b>	Chips Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Broccoli	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Carrots/Parsnips	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Mixed Vegetables	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Sweetcorn	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Peas
<b>Desserts</b>	Swiss Roll/ Custard Flakemeal Biscuit Selection of Fruit Assorted Yoghurts	Custard Creams Fruit Muffin/Custard Selection of Fruit Assorted Yoghurts	Melting Moments Fruit Trifle/Custard Selection of Fruit Assorted Yoghurts	Shortbread Biscuit Sponge Cake/Custard Selection of Fruit Assorted Yoghurts	Chocolate Brownie Meringue Nest/Custard Selection of Fruit Assorted Yoghurts



**WEEKS BEGINNING: 17/09/18, 15/10/18,  
19/11/18, 17/12/18, 29/01/19, 25/02/19,  
25/03/19, 29/04/19, 29/05/19, 24/06/19**

**MONDAY IS RED MEAT FREE DAY**

**WM Bread, Fresh Fruit,  
Salad, Yoghurt, Milk &  
Water are available daily.**

**If you require any additional  
information on allergens or  
special diets please contact  
the school in the first instance.**