

WEEK 4 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Chicken Curry & WG Rice Roast Dinner Chicken & Veg Bake Jamalaya	Chicken Korma & WG Rice Roast Dinner Chicken Goujon O/B Fish	Chicken Tikka & WG Rice Roast Chicken Dinner Chicken Goujon Tortilla Quiche	Chicken Curry & WG Rice Roast Turkey Dinner Grilled Salmon	Chicken Korma & WG Rice Roast Dinner Chicken Goujon Spaghetti Bolognese
Vegetarian	Veg Bake	Veg Pizza	Veg Pizza	Veg Curry & Rice	Veg Pizza
Snacks	Pizza Beef Burger & Bap Chicken Panini	Pizza Chicken Kebab	Assorted Panini BBQ Beef Slider	Spicy Chicken Wrap Pizza Chicken Panini	Chicken Pie (Pot Top) Assorted Panini
Veg Potato Gravy	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Mixed Vegetables	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Sweetcorn	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Peas/Cauliflower	Chips/Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Peas	Baked Potato Dry Oven Roast Potato Mashed Potato Baked Beans Broccoli
Soups	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Desserts	Apple Surprise Vanilla Cookie/Custard Selection of Fruit Assorted Yoghurts	Fruit Crumble Fruit Muffin/Custard Selection of Fruit Assorted Yoghurts	Chocolate Brownie Ginger Biscuit/Custard Selection of Fruit Assorted Yoghurts	Flakemeal Biscuit Pavlova/Custard Selection of Fruit Assorted Yoghurts	Melting Moments Queen Cake/Custard Selection of Fruit Assorted Yoghurts



**WEEKS BEGINNING: 24/09/18, 22/10/18,
26/11/18, 07/01/19, 04/02/19, 04/03/19,
01/04/19, 07/05/19, 03/06/19**

THURSDAY IS RED MEAT FREE DAY

**WM Bread, Fresh Fruit,
Salad, Yoghurt, Milk &
Water are available daily.**

**If you require any additional
information on allergens or
special diets please contact
the school in the first instance.**