



Year 10

Study Planner 2026

Name: _____

Class: _____

KS3 End of Year Exams Summer 2026

Teaching timetable suspended and Exam Timetable to be issued to all students.

Exams take place on Thursday 4th June, Friday 5th June, Monday 8th June, Tuesday 9th June and Wednesday 10th June.

Subjects: Art, Employability, English, Geography, History, Food and Nutrition, ICT, Irish, LLW, Mathematics, Music, Performing Arts, P.E., Religious Studies, Science, Spanish, Technology.

STATIONERY AND EQUIPMENT REQUIREMENTS

Students should be organised well in advance of exam week.

Students must bring all necessary stationery and equipment to each examination:

- Black pens – have spares with you!
- HB pencils – have spares with you!
- Colouring pencils
- Rubber
- Sharpener
- Short ruler
- Long ruler (30cm)
- Calculator
- Protractor
- Any other stationery/equipment specified by your subject teacher.

Bring your P.E. kit and trainers for your P.E. assessment.

Bring your earphones for your PTM/PTE assessments.

Please note: Students will not be allowed to borrow any piece of stationery/equipment during an examination.

10A, 10B, 10C Examination Timetable

Session 1 9:00am - 10:30am	Session 2: 11:00am- 12:30pm	Session 3: 1:10pm - 3:27pm
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	Thursday 4 th June	Friday 5 th June	Monday 8 th June	Tuesday 9 th June	Wednesday 10 th June
Session 1 9:00 - 10:30	Music 9:20 -10:00 (10.10) Go to your base room as usual. At 9:10am your teacher will bring you to the Assembly Hall.	PTE 1:45-3:15 Go directly to the following rooms at the end of lunch. 10A - Room 38 10B - Room 39 10C - Room 40	P.E. 9:00-10:30	English (9:10) 9:25-10:25	Science (9:10) 9:25-10:25
Break 10:30-10:45 Canteen 10:45-11:00 Upper Yard					
Session 2 11:00- 12:30	History (11:10) 11:25-12.25	Performing Arts (11:35) 11:45-12:25	Maths (11:10) 11:25-12:25	Irish (11:28) 11:40-12:25	Art (11:10) 11:25-12:25
Lunch 12:30- 1:10					
Session 3 1:10 - 3:27	Employability (1:13) 1:25-2:10 Personal Development (2:28) 2:40-3:25 Food & Nutrition (2:28) 2:40-3:25	ICT (1:00) 1:15-2:15 10A - Room 38 10B - Room 53 10C - Room 52	PTM 11:00-12:30 Go directly to the following rooms at the end of breaktime. 10A - Room 38 10B - Room 39 10C - Room 40	Technology (1:18) 1:30-2:15 Spanish (2:28) 2:40-3:25	Geography (1:12) 1:25-2:15 R.E. (2:22) 2:35-3:25

Base Rooms			
10A	26	10D	31
10B	30	10E	32
10C	31	10F	33

10D, 10E, 10F Examination Timetable

Session 1 9:00am - 10:30am	Session 2: 11:00am- 12:30pm	Session 3: 1:10pm - 3:27pm
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	Thursday 4 th June	Friday 5 th June	Monday 8 th June	Tuesday 9 th June	Wednesday 10 th June
Session 1 9:00 - 10:30	PTE 9:00-10:30 Go directly to the following rooms at 9am: 10D - Room 38 10E - Room 39 10F - Room 40	Music 9:20 -10:00 (10.10) Go to your base room as usual. At 9:10am your teacher will bring you to the Assembly Hall.	PTM 9:00-10:30 Go directly to the following rooms at 9am. 10D - Room 38 10E - Room 39 10F - Room 40	English (9:10) 9:25-10:25	Science (9:10) 9:25-10:25
Break 10:30-10:45 Canteen 10:45-11:00 Upper Yard					
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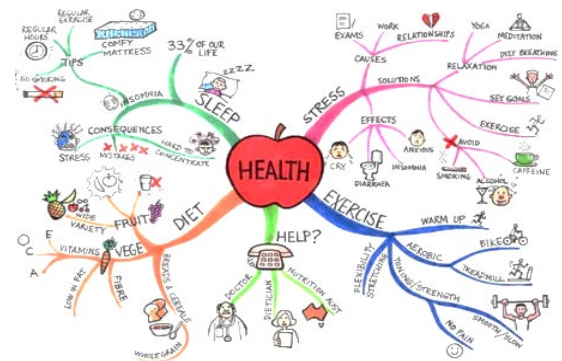
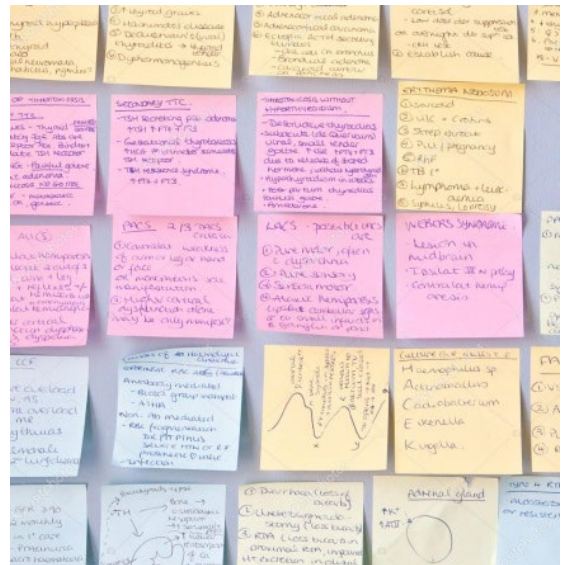
Study Habits for Successful Students

- **Make a revision timetable.** Schedule specific times throughout the week for revision and stick to the plan. This will provide you with the structure you need for effective studying.
- **Start studying on time and when planned.** If you delay your revision and do not give yourself enough time you will struggle to cover everything you need to. This will leave you under pressure and unable to perform to the best of your ability. Rushed revision will leave you unprepared and possibly anxious.
- **Try to study at the same times each day and at a time that works best for you.** This establishes a routine that becomes a regular part of your day.
- **Set specific goals for study times.** Be very clear in your mind what you want to accomplish during your revision times. Focus and concentrate on one thing at a time and break large tasks into a series of smaller tasks. Goals will help you stay focussed.
- **Remember to take breaks and try not to do too much studying at one time.** If you do, you will tire and your studying will not be effective. Instead, space your revision over shorter periods of time, taking short breaks to restore your mental energy.
- **Make sure you are not tired or hungry when you study.** Otherwise, you won't have the energy you need to concentrate.
- **Study in a quiet place that is free from distractions and interruptions.** Find or create a quiet place where you can revise alone, a space designated for studying alone. Remove all distractions. Turn off your phone, the TV and video games. Listening to music may also be a distraction.
- **Make good revision notes.** Reviewing your class notes and making study notes can really help. You can use bullet points, numbers, mind maps, drawings and colour.
- **Make use of the weekends.** Yes, weekends should be time for rest but it is sensible to dedicate some time to revision too. Remember, at the weekend you have more free time than during the busy school week.
- **Work hard at the subjects you find difficult.** Do not give up on a subject just because you find it challenging. Work hard at it and you will see improvements.
- **Don't be afraid to ask for help.** Ask your teacher or classmate for help if you do not understand something or you need clarification. **Don't waste time or fool yourself.** Revision needs to be thorough, committed and focussed. Don't kid yourself by skimming quickly through your notes. If you want the best result you can get **you need to put in the work.**

Study Techniques

Once you have decided the subject you are going to study, there are various ways to help you learn.

- It is important to follow your learning list carefully.
- Go through your notes thoroughly and make sure you understand them.
- Summarise your notes – use headings, subheadings, bullet points, short phrases and key words. Keep it concise but do not leave out important detail.
- Use a highlighter or underline with red pen to make the key words or phrases stand out.
- Create a spider diagram or mind map to summarise your work.
- You may like to use cue cards or post-its.
- You may wish to use rhymes or mnemonics to help you remember things. (Never Eat Shredded Wheat can be used to remember the points of the compass North, South, East and West.)
- Using colour, diagrams and drawings can also help.
- Test yourself as you go along by trying to rewrite what you have learned or ask someone to test you by asking you questions.
- Leave enough time to cover all the topics on your learning list, ticking off each topic once you have completed it.



Remember - it is important to find a technique that works best for **you**. Not everyone learns in the same way.

What happens if you come across something in your notes that you do not understand?

- Note it down or put a post-it in your book to indicate the topic you find difficult.
- You may wish to ask a parent/guardian, sibling or friend to explain it while you are at home.
- Make a point of speaking to your subject teacher as soon as possible. Remember to ask at an appropriate time and in an appropriate way but never be afraid to ask for help.

Revision Lists

Art & Design

Time: 1 Hour

The Year 10 Assessment will focus on **Visual Analysis Drawing**. It will be an opportunity for pupils to demonstrate their **knowledge and skills** in the use of **drawing media** and the Visual Language of **Line, Shape, Tone and Texture** to produce an **Observational Still Life Study**.

All pupils in Year 10 will be required to prepare for the examination by practising drawing a range of still life objects from various viewpoints.

All students must also come prepared with the following media and equipment:

- **HB & 2B tonal pencils.**
- **Rubber, sharpener, ruler.**

Employability

- Why is it important for a young person to know about LMI
- Skills and Qualities
- 7 In demand career areas in NI
- Change in work patterns
- Technology in the workplace
- How global companies can help local economies
- Roles of employer and employee in the workplace
- Young people and part time jobs – Rules for working and the benefits for a young person

English

You have studied the following poems in class and you will analyse one of them in your exam:

- Mid-term Break by Seamus Heaney
- Raglan Road by Patrick Kavanagh.

You have copies of these poems in your anthology.

You should complete all class work and homework exercises to the best of your ability in preparation for your test. In the examination, you should develop all of your responses as fully as possible, using the PQD technique which you have been using in class and homework.

In Year 10 it is expected that you aim to analyse why the poet has chosen to use certain words/phrases/techniques/structural devices.

Some key terms to revise are:

- Personification
- Tone/mood
- Hyperbole
- Pun
- Theme
- Metaphor
- Onomatopoeia
- Simile
- Structure
- Stanza
- Rhyming couplets
- Alliteration
- Rhythm
- Alternate rhyme.

You are expected to use proper spelling and punctuation – including quotation marks – throughout.

Food and Nutrition

- The five nutrients
- Function and sources of protein
- Function and sources of carbohydrate
- Fat in the diet – types, function, eat less fat
- Vitamin A,B,C,D- Functions and sources
- Calcium
- Iron
- Dietary fibre – Carbohydrate

Geography

- To know the structure of the earth
- To know the landforms at different plate boundaries
- To know and understand what happens at plate boundaries
- To know the distribution of earthquakes
- To know the key terms associated with earthquakes
- To understand how energy and nutrients moves through an ecosystem
- To understand the causes and impacts of deforestation
- To understand the formation of peatland ecosystems
- To know the importance of the peatland ecosystems
- To know and understand how social and economic indicators are used to measure development
- To understand the factors that hinder development
- To know the characteristics of appropriate technology

History

- Causes of World War One (Three Fuses and One Spark)
- Aims of Big Three at Versailles
- The Treaty of Versailles: Terms, German reactions
- Features of a Democracy and Dictatorship
- Nazi Rise to Power: Hitler's Big Chance
- Lenin's Russia
- Stalin's Russia
- Life in Nazi Germany: different groups of people, youth (BDM), terror, propaganda and censorship.
- Hitler's foreign policy aims
- Hitler's foreign policy actions
- Weaknesses of the League of Nations
- Policy of Appeasement
- Source work and factual knowledge

ICT

Website Design & Digital Creativity – Tourism Project

To complete this project, students will need the following skills

Website Structure & Navigation

- Create a **multi-page website**
- Use a **navigation menu** so users can move easily between pages
- Organise pages in a **logical order**
- Link pages together correctly

Design & Layout Skills

- Choose a **theme** (colours and fonts) that suits the purpose of the website
- Use **at least two different layouts** across pages
- Use headings, sections, and spacing to make content easy to read

Media & Interactive Features

- Insert and format **images** to support information
- Create an **image gallery or carousel**
- Embed a **YouTube video**
- Add a **scrolling Marquee**
- Ensure all media works correctly

Research Skills

- Research and select **relevant and reliable information**
- Use **external links** to trusted websites

Evaluation & Improvement

- Check that:
 - All pages are included
 - All links work
 - Media displays correctly
- Review work against a **checklist**
- Make improvements based on feedback

Irish

- Media & technology vocabulary lists.
- Breakfast food and drink
- Main course foods.
- Vocabulary in a restaurant
- Vocabulary and sentences relating to mobile phones/ contracts.
- Hobbies and interests, sports vocabulary.
- Football vocabulary.
- Daily routine past tense verbs.
- Pronouns to show possession- agam, agat, aige, aici, againn, agaibh, acu.

Lifeskills

Citizenship

Topic 1- Diversity and Inclusion

- What factors influence a person's identity
- Expressions of cultural identity
- The benefits of moving away from a bi cultural society to a multicultural society

Topic 2 – Human Rights and Social Responsibility

- The UDHR
- Identify articles in the UDHR

Topic 3- Equality and Social Justice

- What is social equality
- Define the term social injustice do we mean by equal rights?

Topic 4- Democracy and Active Participation

- The Good Friday Agreement and when it was signed
- Three issues worldwide where action is needed
- Ways to take action

Define the terms

- Sectarianism
- Prejudice
- Discrimination
- Stereotyping

Mathematics

- Rounding, Estimating, Upper and Lower bounds
- Money Matters
- Speed, Distance and Time
- Rules of Algebra
- Solving Equations
- Indices
- Averages
- Trigonometry
- Percentage change / Reverse percentages
- Area and Volume
- Changing the Subject
- Factorising
- Fractions
- Simple Algebraic Fractions
- Standard Form
- Simultaneous Equations
- Compound Interest
- Relative Frequency

Test Requirements

- Black/Blue pen
- Pencil
- 30 cm Ruler
- Scientific Calculator

Music

- Film Music
- Samba
- Chords
- Treble & Bass
- The Orchestra
- Elements of Music
- Folk Music

P.E.

Sprinting

Middle distance running

Plank

Grip Strength

Jumping

Leg strength

P.E Fitness testing

How to Run a Quicker 100m Sprint

- <https://www.youtube.com/watch?v=-O1tEQJb844>

11 Beginner Run Tips | How To Start Running!

- <https://www.youtube.com/watch?v=kVnyY17VS9Y>

How To Run Faster With Less Effort

- <https://www.youtube.com/watch?v=LMtW9uB2Z1o>

Press Up Technique

- https://www.youtube.com/watch?v=Eh00_rniF8E

How to improve your grip strength

<https://www.youtube.com/watch?v=HFplX6IMXmw>

How to do and improve your wall sit

- https://www.youtube.com/watch?v=6G9_niPfwVQ

How to Improve Core Strength

- <https://www.youtube.com/watch?v=46AqGT3U-Po>

How to Improve your standing broad jump

https://www.youtube.com/watch?v=GTjndpflm_I

Extra Sports Day Advice

Sprint Start Technique

- <https://www.youtube.com/watch?v=b23i9MRqjf8>

Shot Putt Technique

- <https://www.youtube.com/watch?v=tHVMufMECPo>

How to Improve Your High Jump

- <https://www.youtube.com/watch?v=Ys5lX9IBWls>

How to Improve your Long Jump

- <https://www.youtube.com/watch?v=DMjNZ1qZx7E>

How to Pass the Baton

- <https://www.youtube.com/watch?v=P7l73zI7eNA>

Performing Arts

Year 10 Performing Arts Summer Assessment will consist of **TWO** key components.

1. Practical Assessment - Scripted Performance 80%

You will be assessed individually, as part of a group practical in class

2. Written Assessment – Evaluation of Scripted Performance and use of Dramatic Technique and Explorative Strategies 20%

This will be completed in a 40min slot during Exam Week

Key Areas of Learning for Summer Assessment

- Character Development
- Learning Lines
- Physical Skills for Interpreting a Character
- Vocal Skills for developing a Character
- Freeze Frame
- Dramatic Tension
- Levels
- Status
- Proxemics

R.E.

Topic 1 I am valued

- Parable of Talents

Topic 2 Jesus' relationship with others

- Parable of the Mustard Seed
- Jesus Anointed by a Sinful Woman
- Jesus' treatment of others – what can we learn?

Topic 3 The Birth of the Church

- The events Pentecost
- Why is Pentecost important?
- St. Paul's teachings

Topic 4 Sacraments

- Ceremony / symbolism of Baptism
- Adult Baptism versus Infant Baptism

Science

- Respiration - word equation
- Heart Structure
- Heart rate and exercise
- Blood composition (Red Blood Cells, White Blood Cells, Platelets and Plasma)
- Demonstrating respiration
- Respiration in yeast cells
- Uses of energy in the body
- Functions of the Skeleton
- Skeleton Structure
- Skeleton Joints
- Major muscle groups of the body

Topic 2: Atomic Structure

- Structure of the atom
- Subatomic particles (Protons, Electrons and Neutrons)
- Calculating the number of protons, electrons and neutrons in an atom (PEN numbers)
- Electronic configuration
- Structure of the periodic table
- Periodic table group names

Topic 3: Electricity and Magnetism

- Electrical circuit symbols
- Drawing circuits
- Series and parallel circuits
- Conductors and insulators
- Magnetic and non-magnetic materials
- Magnetics (North and South poles)
- Magnetic fields
- Types of magnets

Topic 4: Investigating Plants

- Name and function of main parts of a plant
- Plant cell structure and parts
- Root hair cell structure and function
- Photosynthesis - Word equation
- Testing a leaf for starch
- Photosynthesis experiments - the need for light.
- Measuring the rate of photosynthesis using pond weed.
- Transpiration - definition
- Investigating water loss in plants - transpiration.

Topic 5: The Chemistry of Metals

- Properties of metals
- Reaction of metals with water
- Group 1 metals and reaction with water
- The reaction of metals with acid
- Test for hydrogen
- Naming salts (word equations)

Spanish

Topics:

- **El verano pasado (Last summer)**
- **El transporte (transport)**
- **El tiempo (weather)**
- **Los países (countries)**
- **Los pasatiempos y opiniones (hobbies and opinions)**
- **La tele y las películas (Tv and films)**
- **Las asignaturas (school subjects)**
- **Las profesiones y razones (Jobs and reasons)**

Key vocabulary:

El verano pasado:

Fui a- I went to

Nadé en el mar- I swam in the sea

Saqué fotos – I took photos

Lo pasé bomba- I had a good time

Muchos monumentos- a lot of monuments

Compré- I bought

Cenamos- we ate

Fui de compras- I went shopping

Fui- I went fuimos- we went

Me quedé- I stayed

Comí- I ate

Bebí- I drank

Jugué- I played

Escuché- I listened

Vi- I watched

El transporte:

Avión- plane

Barco- boat
Autocar- coach
Autobús- bus
Coche- car

Los países:

Suiza- Switzerland
Nueva York- new york
Alemania- Germany
Los estados unidos- America
Gales- wales

Mis opiniones:

Me gusta- I like
No me gusta- I don't like
Me gusta mucho- I really like
Odio- I hate
Me encanta/ Me chifla- I love
Lento-slow
Caro- dear/expensive
Ruidoso-loud/noisy
Lo pasé fenomenal- I had a great time

La tele y las películas:

Las tertulias- chat shows
Las telenovelas- soaps
Un programa de deporte- sports programe
Un concurso- game show
Los anuncios- ads
Un programa de música- music programe
Un documental- documentary
Una película- film
Una película del oeste- western film
Una película de miedo- horror film

Las asignaturas:

La educación física- PE
El español- Spanish
El inglés- English
Las matemáticas- Maths
Las ciencias- science
La historia- history

El hogar- HE
El dibujo- Art
Saco buenas notas- I get good grades

You will need to be able to write 8 sentences on your school subjects, giving your opinions and reasons why you like dislike them. You will need 8 different subjects and reasons..

Por ejemplo:

- Me encanta el español porque es divertido
- No me gusta el inglés porque es aburrido

Las profesiones:

Camerero/a- waiter/waitress
Médico- doctor
Futbolista- footballer
Cura- priest
Mecánico- mechanic
Músico- musician
Cocinero- cook
Veterinario- vet
Profesor- teacher
Fotógrafo- photographer
Abogado- lawyer
Albañil- builder
Fontanero- plumber
Ama de casa- housewife
Maestro- primary school teacher

Extra words to revise:

Comida- food
Tía- aunt
Madre- mum
Amigo- friend
Cerca- near
Playa- beach
Patatas fritas- chips
Caro- expensive
La Casa Blanca- The White House
Tengo dieciséis años- I am 16 years old
Diecisiete-17
No tengo hermanos- I don't have any siblings
Un caballo- horse

Ruidoso- noisy

Me gusto mucho- I liked it a lot

Era- it was

Lento- slow

Caro- expensive

Griego- Greek

Patatas fritas= chips/crisps

Vi una película de horror en el cine- I watched a horror film in the cinema

Technology

Part 1: General Knowledge

Short questions on:

- Workshop activities – names of tools/ equipment/ machines
- Health and Safety in the workshop
- Micro:bit – understanding of the software
- Types of motion – recap from Yr 8/9

Part 2: Design Exam

You will be asked to complete a:

- partially drawn shape using ISOMETRIC drawing techniques (isometric grid will be provided)
- partially drawn architectural model using PERSPECTIVE drawing techniques.

You will need to use a sharp pencil, 30cm ruler and a small selection of colouring pencils to add detail.

- Take readings from an architectural floor plan using a given scale ratio.



Blessed Edmund Rice Prayer

O God, we thank you for the life of Blessed Edmund Rice.
He opened his heart to Christ present in those oppressed
by poverty and injustice.

May we follow his example of faith and generosity.
Grant us the courage and compassion of Blessed Edmund
as we seek to live lives of love and service.

We ask this through Christ, our Lord.

Amen.