

Cycle Against Suicide

On Wednesday, Omagh CBS showed our support for the on going Cycle Against Suicide event organised by Jim Breen when the cyclists were welcomed by staff and pupils on this leg of their cycle route around Ireland. The main objective of the Cycle is to raise awareness of the considerable help and supports that are available for anyone battling depression, self harm, at risk of suicide or those bereaved by suicide.



Important Medical Information

If you carry or use EpiPens / inhalers, medicines that are required for daily use, please ensure they are with you when leaving school site, eg school trips, sporting events.

If you have forgotten medications and have replacements held in medical room, inform your teacher, school nurse as these can travel with you on the day.

However if you have forgotten medications and have no replacements the school will need to contact a parent / guardian to provide same before you leave school.





Edmund Rice Awards

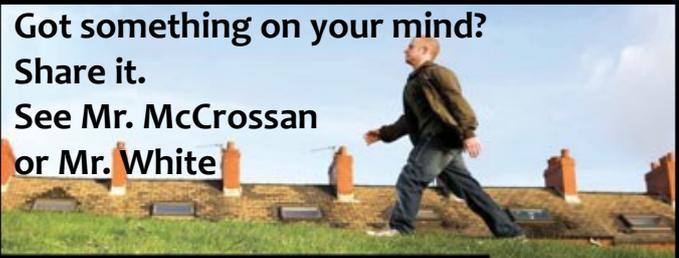
Pictured left are pupils Shane Moriarty, Oisín Cleary, Paul Conway and James White who represented the school and received a presentation at the Edmund Rice Awards in Belfast on Friday 15th April.

Street Collection for Special Olympics

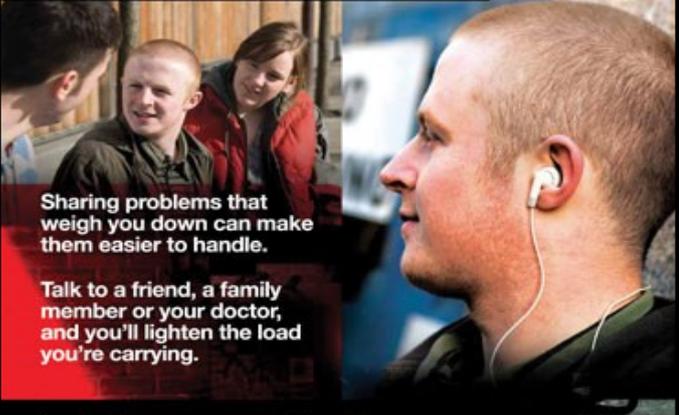
Well done to all the boys who volunteered to collect money for the forthcoming Special Olympics in Omagh town centre.



Got something on your mind? Share it. See Mr. McCrossan or Mr. White



Life can be tough but no one said you had to be



Sharing problems that weigh you down can make them easier to handle.

Talk to a friend, a family member or your doctor, and you'll lighten the load you're carrying.

Look after your mental health www.mindingyourhead.info



Beat the Queues

Fed up queuing at lunch time? Why not use the pre-order service. Simply fill in your order form at breakfast/ break time, and then collect your sandwich, salad box or roll and drink at the Assembly Hall at lunch time.

Your cashless account will be deducted, so **ensure you have enough money to cover your purchase!!** Order forms are available at the Canteen and Assembly Hall at Breakfast and Break time.

