



Volume 24 Issue 12 • Friday 9th December 2016 • [www.omaghCBS.org](http://www.omaghCBS.org) • [@cbsomagh](https://twitter.com/cbsomagh)

# Sean Corry Claims All Ireland Title

Our cross country runners under the direction of Mr C McFlynn had another fantastic outing at the All Ireland RICE Schools Cross Country Championships. The games were hosted in the ALSAA grounds on the outskirts of Dublin. While all our runners performed admirably, there were some eye catching performances from Tomas Haigney and Oisín McGuigan. Tomas finished 4<sup>th</sup> in the most competitive race of the day; a ferocious pace and large turnout of competitors in the 1.5km course saw our U-14 team take 2<sup>nd</sup> overall. Oisín McGuigan finished 2<sup>nd</sup> in the U-16 race having led the race virtually to the finishing line where he was narrowly pipped. The U-16 team placed 2<sup>nd</sup> overall with a strong run by Dan Murray in 6<sup>th</sup>.

The highlight of the day was when Year 12 student Sean Corry topped the podium in the U-17 race. Sean clinched gold with a fantastic kick of pace and power at the finish to win the 4.5km race! The u-17 team clinched bronze.

Sean is pictured top right.

Also pictured:

*Top Left:* U-17 team with Mr McFlynn: L-R Sean Corry, Tom Quinn, Joseph McCloskey, John McSorley, Ronan Hollywood, Cathaoir Donnelly

*Pictured left:* Tomas Haigney 4<sup>th</sup> in the U-14 race

*Bottom right:* U-16 team: Dan Murray, Oisín McGuigan, Darragh Ward, John Paul Murray and Sean Diamond



# Book Reviews



## Dr Who: Alien Adventure. Reviewed by Oran Pancott

I would recommend this book to anyone who loves Dr Who and who is a fan of the tv show. Basically Dr Who is a Time Lord from the planet Gallifrey, who travels in a blue box called the Tardis. This stands for Time and Relative Dimensions in Space. He always travels with companions and so far thirteen actors have played him. This story features Matt Smith, Karen Gilliam and Arthur Darvill. They go off on two adventures to the Water Planet and another planet. The Doctor stops aliens destroying these planets. These aliens include such terrifying foes as the Daleks, the Cybermen and the Saltarins. The Doctor is very lively considering he is 900 years old. His Tardis is also amazing as it is bigger on the inside than it appears on the outside. It also travels easily through time and space. In this book he comes across two alien species he has never encountered before.

The Doctor thinks bow ties are cool and wears one all the time. These stories are so exciting and action-packed that you really feel like you are one of the characters in them. The Water Planet story starts off in a flying submarine, sent to investigate the planet. The planet is populated by shoals of fish people and the Doctor has to try to save their roe (babies) and get them back to the nursery. In the second book they

have to try and save the planet Xirrinnda from a swarm of creatures intent on destroying everything.

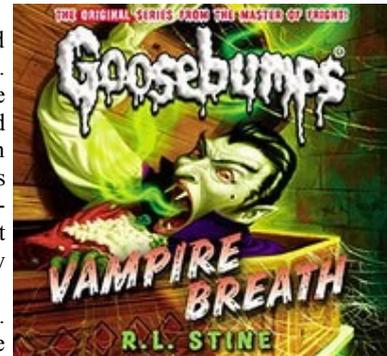
I would recommend this double story book to ages 7+ and of course to Whovians of all ages. This book is so exciting, I would rate it 10 out of 10.

## Vampire Breath, reviewed by Ryan Colton

The author is R.L. Stine, so this is one of the popular and well named Goosebumps series. It is a horror story that kids and adults can enjoy. There are so many things which make this book great, but mainly it is the gripping plot which keeps you reading. The characters are amazing and very relatable, which makes you like them even more. Each has their own distinct personality. The author uses vivid language to paint clear pictures in the reader's head, bringing the characters and setting to life. My favourite thing about this book is the build-up of suspense and the many plot twists. This writer is one of the best at building up a sense of fear, intensity and suspense.

The plot involves two kids named Freddy and Cara who are very tough. They are not afraid of anything, but they get the fright of their lives once they enter Freddy's basement. They accidentally knock over a china cupboard and reveal a deep, dark tunnel. Being the adventurous kids they are, they venture down the tunnel and find a room with a dusty coffin in it. What the pair find inside is not very happy to be woken up! I don't want to spoil your enjoyment by telling you more, but it is very exciting and terrifying!

This is a really enjoyable book, anyone who reads this review should give it a go! There are plenty more Goosebumps to read once you've finished this one. I would recommend them to readers who like books that are not too scary, but which have a bit of horror in them. I also think people who like a twist at the end will love these books. They are all MUST READS!



## Maximum Security. Reviewed by Odhran Brolly

This book is by one of my favourite writers- Robert Muchamore. This is one of the series of Cherub agent books. I chose it because it is a thrilling, unpredictable, nerve-wracking read. Cherub is a branch of British Intelligence. The agents are all aged between 10 and 17 years. They are all orphans who have been rescued from care homes and trained to work undercover. They live on Cherub campus, a secret facility, hidden in the countryside.

I have read four books in the series. The first The Recruit tells us how the children, Lauren and James got taken into the service with subsequent books taking us on their missions. In Maximum Security, James is imprisoned in Arizona Maximum Security Prison, with another prisoner Dave. Their mission is to escape with another prisoner Curtis and then let Curtis lead them to his mother, Jane Oxford, a known criminal.

Life in prison is very dangerous. James shares his cell with 36 violent youths. Their escape is daring, complete with a very exciting police car chase. Curtis and James do escape and Curtis does lead him to his mother, but you must read on to find out what happens next. I would highly recommend this book as the story line is full of excitement and suspense and you really do not know until the end how it will all work out!



# Recommend a Novel Competition



Pictured with Mrs Gallagher and Paul Keenan (Library Prefect) are Ryan Colton and Oran Pancott, both 9E, winners of November's Recommend a Novel competition. Missing from the picture is the other winner, Odhran Brolly, 9F. The winners recommended very diverse but enjoyable reads and their reviews are attached. All of the books recommended are available to borrow from the school library. *Happy reading!*

## Christmas Dinner

Wednesday 14th December

Turkey, stuffing, gravy, peas, carrots, brussel sprouts, creamed potatoes, roast potatoes, cranberry sauce

£2.70

(with no veg - £2.00)

### Desserts (50p each):

Chocolate Fudge Cake	Jelly	Trifle
Mars Square	Mallow Square	Mince Pie
Malteser Square	Christmas Shortbread	

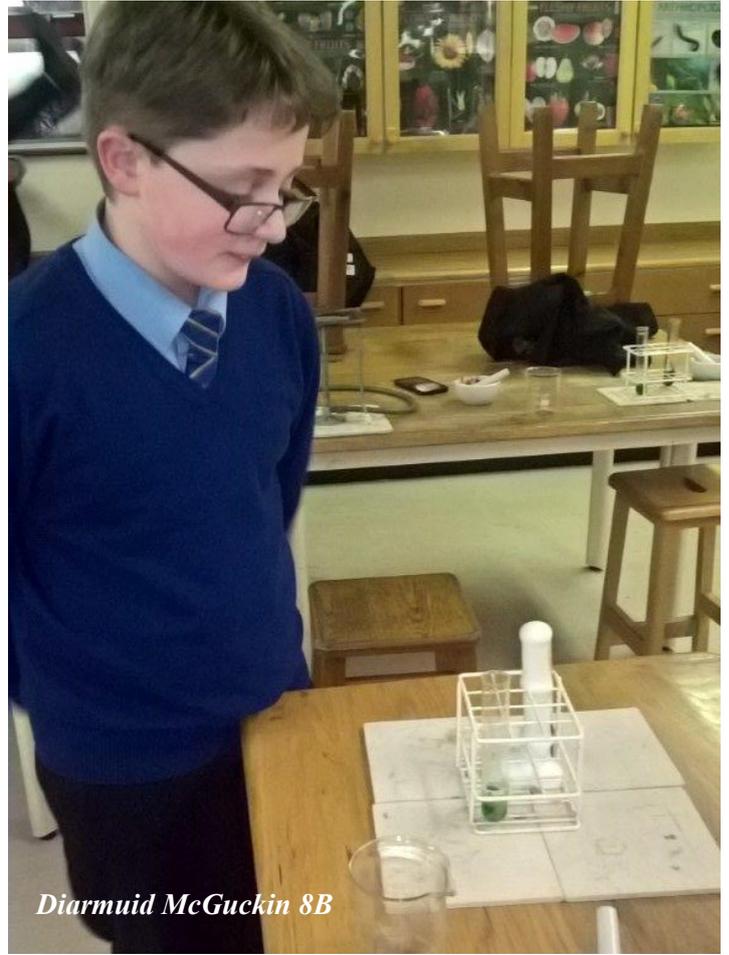
*Please ensure you have enough on your account!!*

# Environmental Club

Grinding liver and conducting experiments to see how it works under different environmental conditions.



Theo McAleer 8C



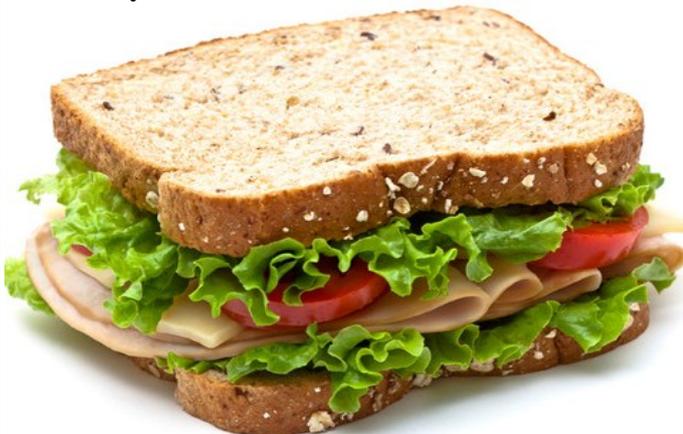
Diarmuid McGuckin 8B

## Beat the Queues

Fed up queuing at lunch time? Why not use the pre-order service. Simply fill in your order form at breakfast/ break time, and then collect your sandwich, salad box or roll and drink at the Assembly Hall at lunch time.

Your cashless account will be deducted, so **ensure you have enough money to cover your purchase!!**

**Order forms are available at the Canteen and Assembly Hall at Breakfast and Break time.**



## Important Notice



At the moment we have a number of pupils in school who are highly sensitive to nuts in particular peanuts, exposure or ingestion of nuts can cause very serious health problems for some students therefore..

We would very much appreciate if pupils refrain from **bringing nuts or nut products** ie peanut bars, sweets, into school, and to remain diligent if any of their friends suffer from nut allergies, also;

**If pupils are travelling on school trips, we request that they refrain from bringing any form of nut or nut products on the trip, to ensure the safety of their friends.**