



Volume 24 Issue 15 • Friday 13th January 2017 • [www.omaghcbs.org](http://www.omaghcbs.org) • [@cbsomagh](https://twitter.com/cbsomagh)

# Homeplace Visit

By Caolán Caterson

Year 13 English pupils engaged in a truly invigorating cultural experience during their visit to the recently opened Seamus Heaney Homeplace in Bellaghy on Tuesday 13<sup>th</sup> December. The aim of the trip was to further aid the pupils in their study of Heaney and Frost poetry.

The pupils were treated to open spaces which allowed them to freely roam and discover more about the works of Ireland's own national literary treasure. This was followed by a fascinating and inspiring lecture from Ulster University's own Dr Frank Ferguson.

A light lunch of homemade soup and wheaten bread was enjoyed by all. Afterwards, there was a cross community activity which centred around the boys discussing and analysing poetry with Foyle College and Ballymena Academy pupils whilst being supervised by English PhD students.

One student has described the trip thus: "The discussions with pupils from other schools and the exhibitions on display gave me a much deeper understanding of the poetry from Frost and Heaney." Overall, it proved to be an enjoyable and educational day out.



# Lorcan McBride Honoured by UGAAWA after Making Record Breaking Look Easy

Article and picture from Irish News - Picture by Jim Dunne



WORLD records are not two-a-penny.

They are difficult to come by, but Lorcan McBride made the feat look easy last month at the USHA Junior National 4-Wall Championships in Tucson, Arizona, on his first visit to handball competitions in America.

He arrived back home in Tyrone with three gold medals in his luggage, after brushing aside all opposition. It is a performance that no other player ever achieved and, naturally, a world record holder is always in line to pick up other awards.

That's what has happened for the 15-year-old Omagh CBS student as he is named the winner of the Ulster GAA Writers' Monthly Merit Award, backed by Quinn Building Products, for December and becomes the youngest ever winner of the honour.

"I was surprised and delighted when told by the organisers of the US Junior Championships, that I was the first person to win three gold medals, in the same year, at the competitions," said McBride.

"It was my first time to play in the US Juniors. I had high hopes of doing well but never expected to return home with three gold medals."

Not only did six-footer McBride achieve that record feat but he did it across different competitions, winning at small ball, large ball and doubles. In 16 games, he never dropped a match and lost only 34 aces, winning six games 21-0 and five at 21-1. The highest number of points that any opponent took off him was seven and that was in the Doubles final.

McBride arrived at the Tucson Racquet & Fitness Club without a doubles partner and so did Waterford lad Michael Kiely. They joined forces and the rest is history.

"I never met Michael before or knew anything about him but we both needed a partner for the Doubles and we decided to team up. It was a chance meeting and a very lucky one," said the Carrickmore teenager.

With a late December treble victory that created a world record it was difficult to pass McBride for the December merit award. He did have opposition from Paddy Quigg, who starred with Kilrea in the Ulster Minor Football tournament, Peter Harte (Tyrone) and Charlie Vernon (Armagh), who both impressed in the Ó Fiaich Cup, but McBride came through the debate.

"To know that I am the youngest winner of this award is also a great honour," said McBride after being presented with his award by Séamus McMahon, the Quinn Building Products sales and marketing director and UGAAWA chairman John Martin.

He has already tucked away three All-Ireland trophies with his next big event being the U16 Championships in a few months' time. The Omagh CBS fifth year student also plays football so with competing in both codes, plus studying, his free time is limited.

"It takes a lot of time management to keep handball, football and studies all going," he added.

McBride receives an engraved Belleek Living Vase, training gear from O'Neill's International Sports, specially engraved cuff links from Carlingford Design House and a medical kit bag from 3FiveTwo Communications on behalf of Kingsbridge Private Hospital, Belfast.

He also gets two tickets to the UGAAWA annual awards presentation function on January 27 at the Four Seasons Hotel.



## Fermanagh Feis Feis Fheármach Fermanagh Forgaither

### ART & DESIGN SECTION

**Mounted entries no larger than A2 size on the following themes:**

**Yr 8: Fantasy**

**Yr 9: Evolution**

**Yr 10: Metamorphosis**

**Yrs 11 & 12 Self Portrait**

**Entry Fee- £2.00 paid by Monday 20th February 2017  
Artwork submitted by Monday 6th March 2017**

# Make Your Mark

**ENTRIES TO YOUR ART TEACHER BY MONDAY 20TH FEBRUARY**  
[texacochildrensart.com](http://texacochildrensart.com)

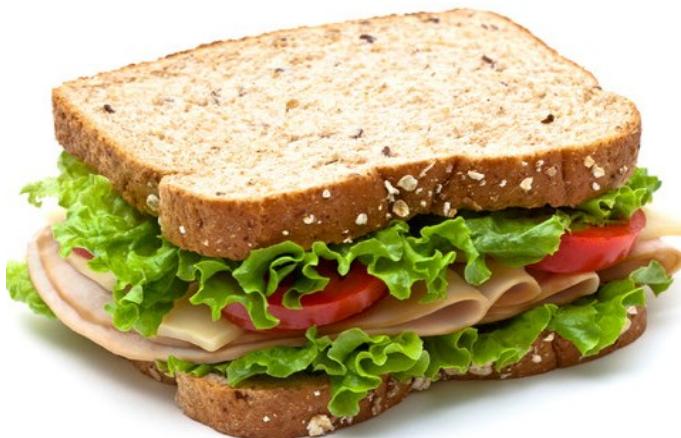
**Produce an original Artwork about anything that interests you. Your entry should be no smaller than A4 and no bigger than A2 and in any media of your choice. See your Art Teacher for further details or check the website address below**

# Beat the Queues

Fed up queuing at lunch time? Why not use the pre-order service. Simply fill in your order form at breakfast/ break time, and then collect your sandwich, salad box or roll and drink at the Assembly Hall at lunch time.

Your cashless account will be deducted, so ensure you have enough money to cover your purchase!!

Order forms are available at the Canteen and Assembly Hall at Breakfast and Break time.



The poster features a colorful paint splatter background. In the top right corner is a red star logo with the text "children's art" and "1955 - 2017". Below the logo is a rainbow paint splatter. The main title "Make Your Mark" is written in large, bold, black letters. Below the title is a red box containing the competition details: "ENTRIES TO YOUR ART TEACHER BY MONDAY 20TH FEBRUARY". At the bottom of the box is the website "texacochildrensart.com". To the right of the title, there is descriptive text in red: "Produce an original Artwork about anything that interests you. Your entry should be no smaller than A4 and no bigger than A2 and in any media of your choice. See your Art Teacher for further details or check the website address below".

The poster features a blue and yellow background with three circular photos of students. The top right photo shows two boys smiling. The bottom left photo shows a group of students walking outdoors. The bottom right photo shows a boy in a classroom. The school's logo, "CHRISTIAN BROTHERS' GRAMMAR SCHOOL", is in the top right corner. The main text reads "OPEN DAY" in large white letters, followed by "Saturday, 21st January 2017" and "9.45 am - 12.30pm (Principal's Address at 10.00 am)". Below this, it says "A Cordial invitation is extended to: Primary Seven transferring pupils & their parents, Primary Six pupils & their parents and to Anyone who wishes to view our facilities". At the bottom, it says "Over 150 years of excellence in education" and provides the address "Kevlin Road, Omagh BT78 1LD", phone number "T: (028) 8224 3567", fax number "F: (028) 8224 0656", and social media links for Twitter and Facebook.

# Breaktime

## Available

Chicken/Veg Soup ..... £1.00

Selection of Fruit Yoghurts ..... 50p

Selection of Homemade Scones ..... 45p

Wheaten Bread ..... 25p

Toast – White Brown Bread ..... 25p

Breakfast Muffin ..... 50p

Crusty Roll ..... 25p

Toast with ham/cheese Topping ..... 65p

Pancake ..... 45p

Poached Egg ..... 35p

Filled Ciabatta ..... £1.80

Filled Bagel ..... £1.80

Toasted Sandwiches ..... £2.00

Selection of Fruit ..... 50p

Homemade Fresh Fruit Salad ..... 90p

Crackers/Crackers and Cheese ..... 45p / 80p

Cheese triangle ..... 35p

Milk ..... 45p

Butter/Jam Portions ..... 10p

Selection of Drinks



# Breakfast

## Available

Freshly Baked Homemade Scones ..... 45p

Toast – White/Brown Bread ..... 25p

Crusty Rolls ..... 25p

Selection of Cereals ..... 50p

Homemade Pancakes ..... 45p

Selection of Yoghurts ..... 50p

Fresh Fruit ..... 50p

Fresh Fruit Salad ..... 90p

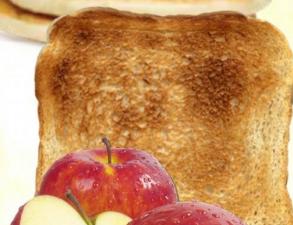
Water ..... 45p/60p/£1.05

Juice ..... £1.00

Tea ..... 50p/£1.00

Milk ..... 45p

Butter/Jam Portions ..... 10p



## Important Notice



At the moment we have a number of pupils in school who are highly sensitive to nuts in particular peanuts, exposure or ingestion of nuts can cause very serious health problems for some students therefore..

We would very much appreciate if pupils refrain from bringing nuts or nut products ie peanut bars, sweets, into school, and to remain diligent if any of their friends suffer from nut allergies, also;

**If pupils are travelling on school trips, we request that they refrain from bringing any form of nut or nut products on the trip, to ensure the safety of their friends.**

## ENVIRONMENTAL

### CLUB



### ROOM 13

**EVERY WEDNESDAY AFTER**

**SCHOOL**

**ALL JUNIORS WELCOMED**

**(YR 8, 9, & 10)**