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CBS Crowned All-Ireland Cross Country Champions

On Saturday 11th March the Cross Country season came to an exciting end at the Mallusk Playing fields in Belfast with our minor boys' team were crowned All-Ireland champions at the Irish Schools Athletics Association finals.

The team are: Turlough Mullin, Paddy McCann, David Quinn, Fiachra Donnelly, Alex McGlinchey, Conor McGillion, Tomas Haigney, Conor Bradley & Niall Gillespie.

In an event where the top 4 runners in each team score points, Conor McGillion had a magnificent run finishing 7th, Tomas Haigney in 25th, Conor Bradley 27th and Turlough Mullin 29th each scored to give the team 88 points. Patrick McCann, Fiachra Donnelly, Alex McGlinchey, David Quinn and Niall Gillespie completed the team. The second place team St Malachys' Belfast accumulated a score of 121, which highlights the margin of the CBS victory. At Junior U-15 level, Dan Haigney ran as an individual after qualifying in 8th place at the Ulsters. Dan ran well and finished 32nd. At Intermediate boys U-17,1 Sean Corry once again produced the goods to secure a place on the podium. In what was a very competitive race Sean finished with a bronze medal against a classy field of competitors in a very tough 5.7km race. The Intermediate team were placed 5th.

Intermediate team: Davy Murray, Sean Diamond, Cathair Donnelly, Oran Colton, Darragh Ward, Sean Corry, Dan Murray, Tom Quinn, Oisín McGuigan
Congratulations to all our runners on their fantastic achievements. It is great to see a reward for all the hard work they and their coach Mr C McFlynn have put in this year. Thanks also to their parents for their support and also Murray Dental alongside Logan & Corry solicitors for their generous sponsorship.



Soccer Superleague Scores

13th March Results

	Group 1	Group 2
Match 1	8A v 8B 2 - 1	8D v 8E 1 - 5
Match 2	8A v 8F 3 - 0	8D v 8C (8D could not field, 8C gets the points)
Match 3	8B v 8F	8E v 8C
Semi Final	8A v losing team 8E/8C	8E/8C winner v 8B/8F winner

Class	Played	Won	Lost
8A	2	2	-
8E	1	1	-
8C	1	1	-
8B	1	-	1
8F	1	-	1
8D	2	-	2

Important Notice



At the moment we have a number of pupils in school who are highly sensitive to nuts in particular peanuts, exposure or ingestion of nuts can cause very serious health problems for some students therefore.

We would very much appreciate if pupils refrain from bringing nuts or nut products ie peanut bars, sweets, into school, and to remain diligent if any of their friends suffer from nut allergies, also;

If pupils are travelling on school trips, we request that they refrain from bringing any form of nut or nut products on the trip, to ensure the safety of their friends.



Morning Prayer for Lent

We invite all staff and pupils to spend time in prayer this Lent.

There will be Morning Prayer led by Brother Gough, before the Blessed Sacrament, every school morning during Lent. The prayer begins at 8.50am and ends at 9.00am in the Assembly Hall.

UKCAT Preparation Course



The UK Clinical Aptitude Test (UKCAT) is used in the selection process by a consortium of UK University Medical and Dental Schools.

The test helps universities to make more informed choices from amongst the many highly-qualified applicants who apply for their medical and dental degree programmes*.

Our Interactive course is delivered by educational tutors who will equip students with test strategies and practice questions. Students will cover practice questions from all of 5 sections of the exam and will have the opportunity to learn how the correct answer is derived.

Key Topics:

- ✓ Introduction to UKCAT
- ✓ Test Strategies
- ✓ Abstract Reasoning
- ✓ Verbal Reasoning
- ✓ Decision Making
- ✓ Quantitative Reasoning
- ✓ Situational Judgment
- ✓ Importance of Practice

Testimonials

"Very good, comprehensive course which I found very valuable."

*(<http://www.ukcat.ac.uk/>)

£
Cost:
£84.00 (inc. VAT)
The price includes all materials, tea/coffee breaks and lunch.

Location:
3fivetwo Training Academy
10 Falcon Way
Belfast BT12 6SQ

Call 028 9073 5273 or email trainingacademy@3fivetwo.com

Are you hoping to pursue a career in Medicine? Or still unsure? Why not join us for our summer 'Mini Medical School' to explore the world of Medicine.

The Mini Medical School runs over 2 full days and includes interactive lectures as well as practical training. This unique opportunity is open to anyone over the age of 15, all delegates who "graduate" from the Mini Medical School will receive a certificate of attendance. The programme is delivered by clinical tutors, consultant physicians and senior lecturers.

Our two day programme includes:

- ✓ Basic Anatomy
- ✓ Consent and Confidentiality
- ✓ Tomorrow's Doctor
- ✓ Entry into Medical School
- ✓ Clinical Skills
- ✓ CPR/AED
- ✓ Laparoscopic Skills Stations
- ✓ Patient Safety

Testimonials

"I really enjoyed actually getting to practice clinical skills as you wouldn't have this opportunity until university. Great course!"

"All staff and teachers were very helpful and friendly. I would definitely recommend this course."

Dates:

Thursday 20th - Friday 21st July 2017
Thursday 17th - Friday 18th August 2017

Time:

9.00am - 5.00pm

Cost:

£120.00 (inc. VAT)
The price includes all materials, tea/coffee breaks and lunch for both days.

Location:

3fivetwo Training Academy
10 Falcon Way
Belfast BT12 6SQ



To book your place on this course, please contact us via trainingacademy@3fivetwo.com or call us on 028 9073 5273



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