**CBS 2020 10k/5k Run and Walk**

Surname:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ First Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tel/Mob Number:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Birth:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age on Race Day:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Which Race (Please tick) 10k 5k Athletics Club/School Name

 (Competitors must (Competitors must

 be aged 15 or over) be aged 11 or over)

10K Category (Please tick)

Male 15-18 Female 15-18

Male Open Female Open

Male 40-49 Female 40-49

Male 50-59 Female 50-59

Male 60+ Female 60+

All competitors acknowledge that they will be running entirely at their own risk, and that (to the extent permitted by the Unfair Contract Terms Act 1977), the organisers will not be liable for any loss, damage, illness or inury whatsoever directly or indirectly occasioned by or resulting from negligence, wrongful act or default of the organisers, their employers or agents or from any other cause including any Act of God or the physical condition of the competitor.

Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Parent or Guardian to sign for Under 18’s)

**Entry Fees**

On or before 31 January 2020 10k - £12 (€14) 5k - £6 (€8)

On Race Day 10k - £14 (€16) 5k - £7 (€9)

**Sorry No Refunds Can Be Granted**

* Entry forms can be downloaded from www.cbsomagh.org
* Entry forms should be posted or delivered to Omagh CBS, 1 Kevlin Road, Omagh, BT78 1LD on or before 31 January 2020
* Cheques should be made payable to CBS Omagh
* Cash payments can be made at Reception, Omagh CBS, 1 Kevlin Road, Omagh, BT78 1LD
* Card payments can be made by calling 028 8224 3567
* Late entries will be taken at Omagh CBS on Race Day between 9:00am and 10:00am
* Email queries to: info@cbs.omagh.ni.sch.uk
* First 150 10K entrants get T-shirts