



# Saine Weekly

Volume 30 • Issue 13 • Friday 20th January 2023

## Open Day 2023

A huge thank you to everyone who attended and helped out at our open day last Saturday 14th.



## CBS MacRory Squad Through to Semi-Final

Congratulations to our MacRory Cup squad who had to dig deep in difficult conditions last Friday night to secure a place in the semi-final.





# Omagh CBS 10k/5k Run 5k Walk

Medals for all 10K/5K runners

**Saturday 4th February 2023  
at 11am**

[www.cbsomagh.org](http://www.cbsomagh.org)

# Feis Tír Eoghain

The Feis is back again this year!  
(Classical Music 24-28 April)

Competitions in Classical Music: Solo singing/Pop Song/  
Vocal ensemble/Instrumental solos/groups etc.

Entry £3.00 per competition.

Please see Mrs Fretigny for details.

Entries must be paid through the office using  
'Music Feis' by Wednesday 25 January.



## IMPORTANT NOTICE

At the moment we have a number of pupils in school who are highly sensitive to nuts in particular peanuts, exposure or ingestion of nuts can cause very serious health problems for some students therefore we would very much appreciate if pupils refrain from bringing nuts or nut products i.e. peanut bars, sweets, into school, and to remain diligent if any of their friends suffer from nut allergies.

If pupils are travelling on school trips, we request that they refrain from bringing any form of nut or nut products on the trip, to ensure the safety of their friends.



## Soccer

Well done to our U14 Soccer team as they progressed to the Quarter-Finals of the School's Cup last week with a 3-1 win against St Patrick's Academy, Dungannon. The boys put in an excellent performance all over the park and two goals from Matthew Garrity and one from Adam Dolan secured their place in the last eight of the competition. Good work boys!



## Stationery Office Opening Times:

Morning: **8.30am - 9.00am**



Break: **KS4 10.05 - 10.20am**

**KS5 10.20 - 10.35am**

**KS3 10.35 - 10.50am**

After School: **3.30 - 3.45pm**



# Music Rehearsals

Monday break/Reg : Senior Trad Group Room 55

Monday lunchtime: Junior Trad group Room 54

Tuesday: Break/Reg Senior choir Room 54

Thursday lunchtime : Junior choir