



Saine Weekly

Volume 31 • Issue 6 • Friday 13th October 2023

Microsoft Award

We are delighted to announce we have been awarded Microsoft Showcase School status for the eighth time!! Full story on our website cbsomagh.org



Rewarding Achievement

Well done to our Year 12s who were recognised this week for their excellent work during the month of September. Keep up the good work!!



National Poetry Day 5th October- One of the poems from Mrs Duncan's Year 9 English class - The students collaboratively produced this piece.

Refuge

A Poem by 9E

The world scowled and I found refuge:

In my comfy bed, on a rainy night, as the rain patters on my window.

In writing stories to help me escape:

In the library of my mind,

In my granny's arms,

In my granny's words,

In my granny's love.

In singing, when no one is looking;

In the warbling sounds of the stream beside my house;

In the back garden, kicking ball,

On the football pitch,

In the clash of the ash,

In the grip of a golf club,

In playing with my dogs:

In visiting my dog's grave.

In a bag of pickled onion crisps!

In a curry chip!

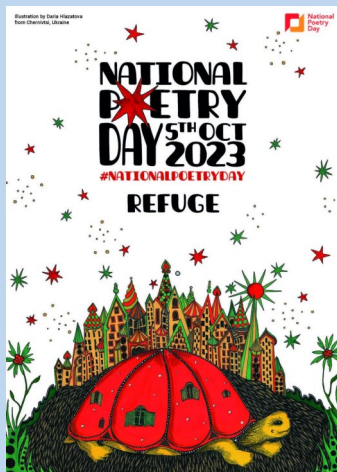
In hot chocolate on a cold winter's night!

In playing with my buddies on X- box,

In the sense of community in my town.

When the world Scowls.....I turn away,

Content in my refuge.



Art Club

Fantastic to see such great numbers at our Key Stage 3 lunch time Art club. This month the boys have been making pinch pot pumpkins. Looking forward to seeing the final product.



Christian Brothers' Grammar School, Omagh



Transfer Test 2023 Familiarisation Evening

Wednesday 25th October 2023
Drop in between 4-5.30pm

Parents and children will be given an opportunity to:

- Familiarise themselves with the building
- Visit the Assembly Hall (Drop off and collection point)
- See the Entrance Assessment rooms

Documentation with all details will be sent to parents by post next week

Soccer

Our U14 Soccer team bowed out of this year's School's Cup at the 1st Round stage after suffering a 4-1 defeat against Magherafelt High School.

In a tight game, with chances at both ends, it was the clinical finishing of Magherafelt which proved the difference, with goals at the right times, to turn the game.

The boys will have to settle for a place in the Plate competition this year. Hard lines for the boys but they will learn and go again!!

Our U16 Soccer team put themselves into the 2nd Round of the School's Cup with a 3-0 win against Coleraine College.

The boys put in a very good performance for their first outing of the year with the goals coming from Mark Kennedy, Harley Patton and Peter Colton.

They are at home to Edmund Rice College in the next round. Well done lads!!



Year 9 Futsal



Congratulations to our Year 9 futsal team on winning the regional post primary school's futsal competition. The winning team qualified from the group stages and were drawn against a very strong, physical, Royal School Dungannon in the semi-final. The semi-final finished 1-1 and went to penalties, however, the CBS team held their nerve to book a final spot. The final was another tight game with the CBS team coming away 1-0 winners against a top quality Drumragh IC team. The winning CBS team will now travel to Belfast in November to compete against the other regional winners in the national NI post primary futsal school's cup finals.

Mental Well-Being Talk

Mr Frankie Diamond from ALPS LTD delivered an excellent Self Care, Resilience & Mental Well-Being Workshop to the Year 11, 13 & 14 year groups during the week. The school would like to thank Frankie for providing some useful practical tips to the students on nurturing their well-being.



Credit Union Art Competition 2023



**Closing date
Monday 16th
October. See Art
Teacher for
further details if
interested**

The theme of the 2023 Credit Union Art Competition is 'My Community & Me'

A community is not just a group of people who live in the same area. It's people who look out for and help each other and work together so that the needs of everyone are considered. A sustainable community doesn't just consider the interests of those who live in the community today. They think about and care for future generations too.

And that's just what credit unions do too. We're based at the heart of local communities, and we put the needs of our members and the communities which we serve first.

The theme for our 2023 Art Competition is 'My Community & Me'. We'd like you to consider your local community and your place within it. What makes your community different? Is it the people within it? Is it the beauty you see every day?

The competition, now in its 40th year, is one of the most prominent and longest-running competitions of its type.

Over 30,000 entries on average are received each year from children and adults from across Ireland.

So put your thinking caps on put your imagination to the test and see what you can come with for 'My Community and Me'.

"IT'S NOT THAT BAD FOR YOU..."

But it could just link to future heart attacks, strokes and respiratory illness.

super
stressy
+
your
mind & body



1 x 20mg/ml vape
= 20 nicotine cigarettes.

NOT
SO NICE
NOW
IS IT?

NICOTINE VAPE
The sickest new trend

Don't
Smoke?
Don't
Vape!

Chest
Heart &
Stroke

Warning: Vaping is bad for you.

VISIT [NICHS.ORG.UK](https://www.nichs.org.uk) FOR MORE VAPING FACTS
BASED ON NICOTINE VAPES.



Auditions 2023/2024

Are you interested in singing, meeting new people and having opportunities to travel?

If so, the **Omagh Community Youth Choir** is for you!

Auditions will be held for Male and Female students from all the Secondary Schools in the Omagh District Area, who are in year 12 or above! We look forward to an exciting programme for the forthcoming year.

Date: Thursday 19th October 2023 **Time:** 3.30 - 5.15pm

Venue: First Omagh Presbyterian Church (Beside Domestic Appliance Centre and directly opposite Omagh Library)

Potential candidates are asked to prepare a song in any musical style, that best shows their vocal capability and personality.

For more info check out Omagh Community Youth Choir on Facebook